

# A Splash! of Ideas

Key Club Projects Newsletter

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*H*ello everyone!

My name is Celia Zhang, your Michigan District Projects Chair for the 2007-2008 school year. In this very first issue of "Splash!" I have included an overview on all the Key Club District and International Projects, as well as detailed information on spring project March of Dimes and Governor's Project 1/24. Look for more details on other International, District, and Club projects in future issues. In the meantime, get ready to splash into a panorama of bright ideas!!

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## About Myself

Full Name: Celia Yun Zhang

Hair: Black

School: St. Joseph High School (Go Bears!)

Hobbies: Tennis, piano, math, and of course Key Club!

Favorite movie: Mona Lisa Smile

What I do when I am stressed: I free write—I love that it is so abstract

Favorite TV show: The Oprah Show

Something interesting about myself: I have lived in two countries—China and U.S. and three states—Hawaii, Missouri, and Michigan.

Eyes: Brown

Grade: 11th, in 2007-2008

Pets: One cat, named Mimi

Favorite color: green



## Quote

**"Mistakes are universal.** Everybody makes them, from preschoolers to presidents. They give you something in common with the rest of the people on our planet."

----- May 2007 Inspirational Quote. Emailed to me by International Trustee Avanti Kollaram

Every month, I will include an inspirational quote or a witty saying I have come across and learned to lovingly embrace.



# Splashing Into Creative Projects

The following pages contain brief descriptions on Key Club International and District Projects.

## March of Dimes

Season: Spring



Every eighth baby born in the U.S. is premature. That adds up to 1400 babies a day and over half a million yearly. These babies deserve a chance to live—a chance to laugh and smile and experience life like we all do. Help out by:

--Join WalkAmerica 2007 by setting up a team in your school or community. Register at [www.walkamerica.org](http://www.walkamerica.org)

--Volunteer during a walk by helping with registration, coordination, and cleaning up.

--Fundraise for "March of Dimes" in your school. Wrap "March of Dimes" flyers around cans and place in each classroom as well at the lunch counter so that students may donate their spare change. To encourage donations, reward the winning classroom(s) with pizza parties or donuts.

--Sell March of Dimes products such as bracelets and stuffed animals.

--Spread the word about March of Dimes! Educate other teens about the importance of a healthy lifestyle; that healthy lifestyle will help increase the percentage of babies born healthy in the future. For more information, visit [www.marchofdimes.com/youth](http://www.marchofdimes.com/youth) and check out the teen-2-teen presentation video on promoting a healthy lifestyle.



--Help find individual, group and company sponsor willing to donate to March of Dimes.

## International Projects



### UNICEF

UNICEF helps tackle the spread of HIV/AIDs for girls in Kenya through education and athletics. The use of soccer teaches the girls leadership, confidence, and awareness of the deadly effects of HIV/AIDs.

Season: Fall

See: September and October issues

### Read and Lead

Read and Lead is a one-on-one project in which high school students read to younger elementary students in order to improve reading and literature skills. Contact your local elementary school teachers to set up times and dates.

Season: Winter

See: December 2007 and January 2008 issues



## International Projects Continued

### March of Dimes

Season: Spring See: page two of this issue!

### Children's Miracle Network

Sadly, there are children and infants who are hospitalized from injuries, birth defects, and disease. These children need specialized machines and medicine to help them get rid of those diseases. Help raise money and provide services to hospitalized children all across America by assisting families, providing toys, or simply visiting and playing with the children.

Season: Summer

See: June/ July issues

### Major Emphasis Project—Service Initiative:

High Five For Health, the MEP for 2006-2008, is a service project that promotes health by teaching children the importance of wellness, nutrition, and play.

Season: All year around

See: June Issue



# More Project Waves



## *Kids Against Hunger*

Like 1/24, *Action Against Hunger* is dedicated to saving lives from hunger, malnutrition, and physical suffer and turmoil. Recently, the nation's leading scientists have created a revolutionary food packet consisting of rice, chicken, spices, and other essential nutrients in order to fight malnutrition.

*Kids Against Hunger* allows teens like you to have a packing session at your school. Visit <http://www.feedingchildren.org/>

## *Governor's Project: 1/24*

"Committing ourselves to experiencing, for one day, what they have for all of theirs."

1/24 was created by Governor Stephanie LaRue when she first read that one billion people, one sixth of the world's population, live on less than one dollar a day.

In addition to the above, consider the following statistics\*:



\*As adapted from the 1/24 flyer

- The average American makes about \$112 a day
- Every three seconds, a child dies from preventable diseases.
- 207.8 million people in Africa are malnourished
- At least twelve children have died in the time it took you to read this brief.

So this summer (date not yet decided), volunteers will get together in Midland and live off of one dollar for twenty-four hours. This project will help increase awareness about the plight of the impoverished and help contain that poverty by raising money and experiencing for one day what it's like to be in the shoes of the poor. Set date to come in later issues.

## *Alex's Lemonade Stand District Project*



Alexandra Scott had a dream: to raise money and find a cure for childhood cancer. A victim of the disease herself, Alex set up a lemonade stand in her backyard, which eventually evolved into a nationwide charity organization. Although Alex passed away in 2004, her spirit lives on. Help make her dream reality by participating in *Alex's Lemonade Stand*. For more information, visit [www.alexlemonade.org](http://www.alexlemonade.org) or check out the June issue of "Splash!"

## *A Special Thanks*

to Stephanie LaRue, District Governor, and Jane Yang, 2005-2006 Projects Chair, as well as my parents and all my teachers for helping me start my job as Projects Chair!



## *A Lasting Impression*

As the school year winds down, and as the summer looms near, here are a few last ideas to make the school year one to remember:



- During exams, raise money by selling anti-stress kits. In those kits, include inspirational sayings, jokes, pens, pencils, erasers, and candy. (From the 2005-2006 Service Directory)
- With so much pressure to do well on exams, don't forget to slow down and smile and be grateful for what you have.
- Thank your teachers for a fantabulous year by leaving chocolates and thank-you notes in their mailboxes. Show your appreciation for all they have done. Show your appreciation for their kindness and dedication.

**Don't forget** to volunteer this summer! Just because your club isn't in session doesn't mean you should be inactive. So get out there and make a difference!